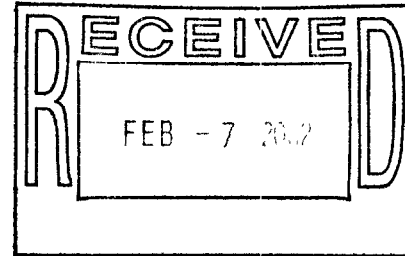


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Partners in Health and Beauty

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835



January 25, 2002

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of Ascorbyl Palmitate capsules (dietary ingredient: vitamin C). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

The healthy skin antioxidant. Ascorbyl palmitate 235 mg providing 100 mg of bioavailable vitamin C esters. Ascorbyl palmitate is both fat soluble and water soluble. This dual solubility helps reduce free radical oxidation of lipid membranes in the body and provides an active but stable form of vitamin C for maximum potency.

Sincerely,

Morag Thorsen
Director of Regulatory Affairs B.A., M.A.L.S.

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